

Varicose veins: how to help patients cope with the disease?

Summary: The article highlights the role of Horse chestnut seed extract with high efficacy and safety profile in oral drug therapy of varicose veins of the lower extremities and its complications. In a recent study there was obtained convincing data regarding the effectiveness of this herbal extract in patients with venous leg ulceration due to improving wound healing.

Keywords: *chronic venous insufficiency, varicose veins, venotonic, Horse chestnut seed extract, venous leg ulceration.*