

Chronic Venous Insufficiency in Therapeutic Practice

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Summary. The treatment of chronic venous insufficiency (CVI) is directly connected with risk factor correction, which includes the lifestyle modification, physical exercises, body weight reduction, and the use of special orthopedic shoes. The elastic compression is another basic component of CVI treatment. The third important component of CVI treatment is application of up-to-date phlebotropic drugs (such as venotonics and phleboprotectors) as the basic therapy method. The combination of anticoagulative, antisclerotic, antioxidant and hypoglycemic effects of Aescusan makes it the unique drug of choice for patients with excessive body mass, metabolic syndrome, cardiovascular diseases, and arterial hypertension.

Keywords: *chronic venous insufficiency, elastic compression, phlebotropic drugs.*